

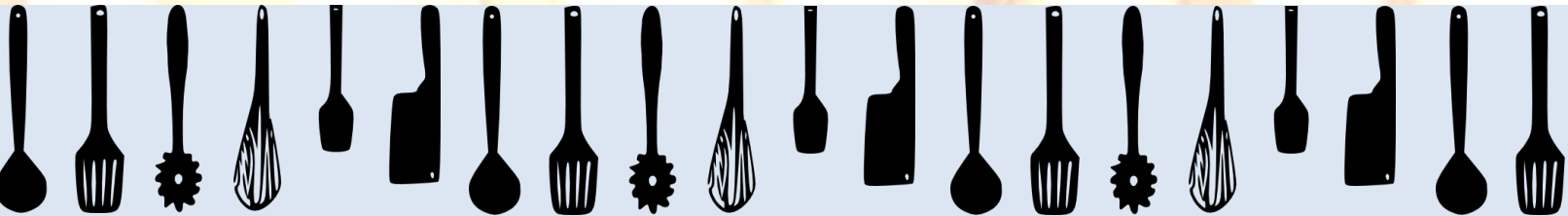
# COMMUNITY COOKING CLASSES: FOOD FOR THE WHOLE FAMILY

Join us for a series of free cooking classes and learn how to cook delicious and healthy meals for the whole family! **All ages are welcome to attend.\*** Participants take home prepared food at end of each class.

**Sign up today!**

For transportation to and from site, call Lisa at the number below one week prior to class.

**\*Young children should be accompanied by an adult**



**Date:** Monday - Tuesday nights ■ February 8 - February 29

## Cooking Class Schedule

**Feb. 8, 6-8 p.m.:** Venison Stew and Quick-Bake Bread | Boys and Girls Club, Neopit

**Feb. 16, 6-8 p.m.:** Chicken Voila | Boys and Girls Club, Neopit

**Feb. 22, 5-7 p.m.:** Meatloaf and Mashed Potatoes | South Branch Community Center

**Feb. 29, 5-7 p.m.:** Bread Making | Menominee Food Distribution, Keshena

**Cooking Instructor:** Rachel Otradovec

Advance sign-up not required but encouraged

For info contact: Lisa Misch, CMN Department of Continuing Education VISTA

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